



Our Lady and St Oswald's Catholic
Primary School

'With Christ at our centre; we can live, love and
learn together to be the best we can'.



Our Lady and St Oswald's
Prayer booklet

Prayers we use in school and at Mass.

The 'Our Father'

Our Father who art in heaven , hallowed be thy name.
Thy kingdom come thy will be done on earth as it is in heaven.

Give us this day our daily bread and forgive us our trespasses.

As we forgive those who trespass against us
And lead us not into temptation...

Hail Mary

Hail Mary full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners , now and at the hour of our death. amen



This is a simple method of prayer attributed to Pope Francis, patron of Mission Together, while he was Archbishop of Argentina. The Five Finger Prayer prompts children to pray not just for themselves, but for others. By using the fingers of their hand, the prayer also encourages children to see how, through God's love, we are connected to all people and that concern for the needs of others is part of who we are. When praying the Five Finger Prayer, encourage children to name some of the people who come to mind when thinking of e.g. the sick. This involves the children and makes the prayer more personal.

3. The following finger is the tallest. It reminds us of our leaders and those who have authority. They need God's guidance.

4. The fourth finger is the ring finger. It may come as a surprise that this is our weakest finger. It should remind us to pray for the weakest, the sick or those plagued by problems. They need your prayers.

2. The next finger is the index. Pray for those who teach you, instruct you, and heal you. They need support and wisdom to show direction to others. Always keep them in your prayers.

1. The thumb is the closest finger to you. So start by praying for those who are closest to you. They are the persons easiest to remember.

5. And finally we have our smallest finger. Your little finger should remind you to pray for yourself. When you are done praying for the other four groups, you will be able to pray for your own needs in a better way.



The Mission Together Prayer

May all children
In the world
Share love
Share friendship and live
In the peace
Of God's love
Now and forever.
Amen



Prayers before meals

Come, Lord Jesus, be our guest
May this food by you be blessed.
Come and show us how to serve,
That all may have what they deserve.
Amen.

Act of contrition (Sorry Prayer)

Oh my God, I am sorry that I have sinned against you, because you are so good.

By the help of your grace, I will try not to sin again.

Amen



We use this prayer in Mass to prepare us to listen to the word of God. In it we are asking for God's forgiveness.

I confess to almighty God and to you, my brothers and sisters,

That I have greatly sinned,

In my thoughts and in my words,

In what I have done and in what I have failed to do.

Through my fault, through my fault, through my most grievous fault;

Therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters,

To pray for me to the Lord our God.

Prayers for Key stage 1 children.

Thank you God for the world so sweet,
Thank you God for the food we eat,
Thank you, God for the birds that sing,
Thank you, God, for everything!"

Bedtime prayer

*Now I lay me down to sleep;
I pray the Lord my soul to keep.
May God guard me through the night,
And wake me with the morning light."*

*"Lord in heaven, hear my
prayer,
Keep me in your loving care.
Be my guide in all I do.
Bless all those who love me,
too."*



Prayers for KS2 Children

Thank You, Lord, for Everything

Dear Lord,

Thank you for the breath to say
Thank you for another day

Thank you for the eyes to see the world of beauty surrounding me
Thank you for the ears to hear your message of hope loud and clear

Thank you for the hands to serve and far more blessings than I deserve
Thank you for the legs to run the race of life until it's won

Thank you for the
voice to sing
Thank you, Lord, for
everything

Amen

